

Engadine West Public School

Quality Education in a Stimulating Environment

e-West Side Story



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Principal: Mrs Sue Roach

Issue 36
15 November 2018

Principal's Message



Dear parents/carers

Staff Professional Learning

On Tuesday afternoon Miss Barrow, Mrs Ryan, Mr Field and Mrs Way attended a professional learning session on assessing school plans leading into planning for next year. Mr Wilkins and Mr Edwards will be attending the same professional learning next week in readiness for the whole staff to undertake some rigorous evaluation of our school plan.

I have been chosen to be part of a state-wide professional learning program called the Aspiring Principals Leadership Program. I will be mentoring six aspiring leaders from far and wide in NSW and was involved in two days of professional learning this week. I am already building my own capacity as a leader, which will have a positive effect on student focussed leadership throughout our school.

Kindergarten 2019

Do you have a child in preschool or day care that is ready to start school next year and you have not enrolled them at school yet? Well, now is the time. Please contact the school office for the appropriate information for the enrolment process.

Aboriginal Virtual Reality Incursion

What a wonderful opportunity all of our students are experiencing using virtual reality headsets exploring our land's Aboriginal heritage. I was fortunate to hear and see a Dreamtime story yesterday with 6M. Overall, an excellent Experience!



Principal's Report cont'd

Classes 2019

The Engadine West PS teaching staff is a group of professional educators with many varying skills and abilities who work hard to offer the best curriculum options to your children. I am aware that this is the time of year where parent conversation turns to classes for the following school year. I also know that this conversation can turn into gossip about who has heard what about which teachers. My advice to parents is not to listen to 'school gate gossip'. I will not be accepting letters from parents about which teachers they want for their children for the following school year. Teachers spend a lot of time and effort in forming classes (which will not be done for quite a few weeks yet as we are still operating in Term 4 2018), trying to ensure learners and friends are grouped appropriately.

Are You Leaving Us?

During this term if you know that your family is moving and your child will not be attending Engadine West PS in 2019 it would be extremely helpful to let the office know so that we can work on formulating class numbers in preparedness for 2019.



Sue Roach
Principal



Deputy Principal's Report

Speaking Success

Congratulations to Emilia on her outstanding performance in the Ultimo Operational Directorate Primary Schools Public Speaking competition grand final 2018. I had the good fortune to attend the event and observe her performance.

To put Emilia's achievement in perspective, 249 schools had participated in the competition. Emilia also competed against Year 6 students even though she is only in Year 5. Even with the daunting position of first speaker, she spoke with superb confidence and clarity regarding the World War II attack on Darwin, a topic of her own selection with obvious significant content matter. Her voice was both expressive and passionate. The topic for the impromptu speech was "One door closes, another opens". Emilia delivered a well structured speech urging her audience to continually set new goals and achieve to the best of their ability. She provided an example from her own experience and knowledge. Her result was a very significant, personal achievement and new high benchmark for all students enrolled at Engadine West PS. Also, well done to Miss McPherson who coordinated our school's participation in the competition and supported all our representatives with great success. Thankyou to Emilia for being an outstanding role model for all Engadine West PS students.

Ross Edwards
Deputy Principal



Christmas Disco Cancelled



Due to the busy school calendar and various events at the end of the school year, we are unable to run the Christmas disco that was scheduled for Tuesday 18 December 2018. Sorry for any inconvenience and disappointment this may cause.

Stay tuned for the date of our first disco for 2019! Enjoy the festive season.

Karen Wepler

White Ribbon at Engadine West PS - Monday 26 November 2018

Last term, staff took part in professional learning with White Ribbon Australia, which is a charity that promotes equality and respect, values that we share at Engadine West PS.

We would like to show our support by taking a mass photo of our students in the shape of a white ribbon and posting it on our school website (just like the photo shown here).

Students with permission to publish are invited to wear a white top and black pants, shorts or skirt on Monday 26 November.

A reminder note will come home closer to the time. Please feel free to email me at jeremy.metliss3@det.nsw.edu.au with any feedback.

Jeremy Metliss
Coordinator



Beediator Report

Week 4

This week Sidney D won the Beediators respectful award for putting the blocks away without being asked. Thankyou to Sidney for being a respectful student at Engadine West PS.

Eliza.S - Beediator



Week 5

Last week the Beediators were on the playground and found three people to receive the Beediator respect award. The winners of last week's awards were Georgia F, Izzy R and Jasmine L. Congratulations to these award recipients.

Yours sincerely
Beediators Anders and Lachlan.S

2019 Kindergarten Enrolments

We are accepting Kindergarten enrolments for 2019. Enrolment forms are available on the school's website <https://engadine-w-p.schools.nsw.gov.au/content/dam/doi/sws/schools/e/engadine-w-p/localcontent/Enrolment%20Form%202018.pdf> or from the school office.

If your child is starting Kindergarten in 2019, please submit an enrolment form as soon as possible.

- All children must be in compulsory schooling by their 6th birthday.
- Children can start kindergarten at the beginning of the school year if they turn five on or before 31 July that year.
- Students should start school at the beginning of the school year.



Sport and Special Group Photographs

Sport and special group photographs were taken last week. Parents will be advised when they are ready to view and order through The School Photographer website.

Year 6 Photographs

Year 6 photographs will now be taken on **Wednesday 21 November 2018**. Students are to wear their white Year 6 t-shirt on the day.

Koori Art Expressions 2018

Koori Art Expressions is a Public Schools NSW visual arts program open to all students Kindergarten to Year 12. The exhibition will run from Wednesday 21 November 2018 – Monday 28 January 2019 at TAFE NSW, Eora College, Chippendale.

This year classes KD, 4D and 1H have entered the exhibition and have been selected to have their artworks displayed. The theme for this year's exhibition is **Because of Her We Can**. The exhibition aims to emphasise and celebrate the unique and essential role that Aboriginal and Torres Strait Islander women have played and continue to play in our communities, locally, state wide and nationally.

Lisa Leavai, Tric Davidson and Lauren Howden

SRC Soldier Care Package Christmas Appeal

Engadine West PS would like to recognise the efforts of Australian armed forces by creating and sending care packages to our soldiers for Christmas.

Below is a list of suggested items we would like each grade to donate. Any donation will be much appreciated. If you could follow the guide it will make package creation more efficient.

Kinder	Bags of lollies (strictly no chocolate please)
Year 1	Socks (male or female)
Year 2	Roll on deodorant or shaving cream (male or female)
Year 3	Small bottle of talcum powder (male or female)
Year 4	Shower gel, soap or lip balm (male or female)
Year 5	Instant noodles or biscuits (strictly no chocolate please)
Year 6	Small tinned foods with ring pull for ease of opening



Students can write letters to male or female soldiers to express their gratitude for the outstanding job that the armed forces do for our country. If your child writes a letter and wishes to receive a response, please send it to school with a stamped, self-addressed envelope.

All donations should be brought to the hall on **Tuesday 20 November 2018 between 9.00am and 9.25am**. Mrs Sterling, Mrs Weppler and the SRC will be packing the items from 9.30am -11.30am. If you are available to assist in packing goods, your help would be greatly appreciated.

Thankyou to all of our families for supporting such a worthwhile cause at Christmas time.

Maree Sterling and Karen Weppler
SRC Initiative

Thankyou for Supporting Movember




MOVEMBER®
FOUNDATION



Thankyou to our community for generously supporting Movember today. We raised close to \$450 for this very worthwhile charity which supports our dads, brothers, sons and mates. Together we can make a difference to men's health.

Library News

End of Library Borrowing (Week 5)

This is the last week for student borrowing as library stocktake will be carried out shortly. Please ensure all library books are returned by the end of **Week 6, Friday 23 November 2018**. Thankyou.

Pillow Week (Week 6)

We are holding 'pillow week' during Week 6 (19-23 November 2018) where students are encouraged to bring a pillow on which to lay during their library lesson. We also plan to show a G rated movie to Years K-2 and PG rated movie to Years 3-6 during this time.



Margaret Evans and Janet Evans
Teacher Librarians

Showcase 2018

Don't forget
Showcase
Next Thursday

ENGADINE WEST PUBLIC SCHOOL PRESENTS

Showcase 2018

Celebrating the achievements of
our creative and performing arts students.

Thursday 22 November 2018

Concert 1: 2:00pm - 3:15pm

Concert 2: 6:00pm - 7:15pm

EWPS school hall

- PERFORMING BAND • JUNIOR CHOIR •
- SENIOR DANCE • TRAINING BAND • RECORDER •
- SENIOR CHOIR • JUNIOR DANCE • THE DEFAULTS •

Please note for student safety, the Ridge Road gate will be the only access to the school for Showcase (as per 2017).

insights



Why developing empathy in your child matters

by Michael Grose

Parenting is a socialisation process during which parents develop in their children and teenagers the skills and attitudes that will enable them to fit into the different groups they encounter. These groups will exist inside the classroom, in friendship groups, during sports and leisure activities and elsewhere.

This socialisation process needs to begin from a young age.

Initially, most kids believe that their world and everyone in it revolves around them. “I want” is their mantra. Patient, firm parents will continually remind children that they need to think of others. “It’s your brother’s turn.” “Nana doesn’t feel comfortable listening to that language.” “Think about how your behaviour affects others.” These are the types of appeal to a less self-centred approach that many parents make.

The socialisation process operates on two levels. On one level its focus is on teaching and helping kids to follow social rules or conventions that exist to help them get along with each other. At a deeper level successful socialisation develops empathy in a child or young person.

Empathy – the ability to understand how another person is feeling or how they respond to a behaviour or an event – is the basis of all respectful relationships. Without empathy it’s impossible for someone to enjoy a relationship based on respect and equality. It’s easy for a person who doesn’t practise empathy to reject, bully, intimidate or hurt someone else.

Empathy learned in childhood carries on to adult life

Empathetic adults enjoy better personal relationships and experience less stress. They also make better leaders who are more likely to get the best out of people than self-centred, result-focused leaders.

Anecdotal evidence suggests that empathy, if neglected in childhood, can be difficult to develop in adulthood. In some adults it takes a traumatic event or a ‘road-to-Damascus’ moment for them to adopt an empathetic perspective.

So, rather than wait until adulthood, let’s focus on developing empathy in your children and adolescents. There is a good chance they will benefit very soon in terms of enjoying better friendships, improved wellbeing and more success at school. Here are five ideas to get you started:

1. Model empathetic behaviour. Be kind even though the person in front of you in that queue is slow.
2. Read fiction stories to kids or encourage them to read fiction. People who read fiction score highest on tests that ask them to infer other people's thoughts and emotions.
3. Praise kind and compassionate behaviours. The behaviours that parents focus on, even with teenagers, are those that tend to expand, so bring their empathetic behaviours to the fore.
4. Validate your child's feelings. When a child shares difficult stories or emotions let them know you understand, without offering solutions or advice.
5. Invite your child to walk in someone else's shoes. Occasionally ask your child a question like, "What would it be like to be feel tall like Tanya?"

Empathy is too important to wait until adulthood so make it a priority to develop a sense of 'other' in your child from an early age.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

Healthy Lunch Box Ideas

Pack your child a **HEALTHY LUNCH BOX**



Choose a variety of foods from each food group

Fruit



Vegetables



Dairy



Wholegrains



Lean meat & alternatives



A Healthy Lunch Box



MAKE WATER YOUR DRINK



PACK ICE BRICKS TO KEEP FOOD COOL



USE A THERMOS TO KEEP FOOD WARM



Upcoming Events

Day/Week	Date	Activity	Time
TERM 4			
Week 5			
Friday	16 November	Years 3-6 Friday sport trampolining commences (second 4 week program)	
Week 6			
Tuesday	20 November	Soldier care package donations to be taken to the hall	9.00-9.25am
		Packing of care packages in the hall (volunteers welcome)	9.25-11.30am
Wednesday	21 November	Year 6 group and graduation photographs (students to wear Year 6 t-shirt)	
Thursday	22 November	Showcase - Concert 1 (2.00-3.15pm) Concert 2 (6.00-7.15pm) in the hall	2.00pm and 6.00pm
Friday	23 November	NO K-2 assembly	
		NO Years 3-6 assembly	
Week 7			
Monday	26 November	White Ribbon photo day (students may wear white top and black pants)	
Tuesday	27 November	Year 6 forensic science day	
Wednesday	28 November	Uniform shop open	9.15am
Thursday	29 November	Year 3 Symbio Wildlife Park excursion	9.10am
Friday	30 November	P&C gingerbread house making evening in the hall	7.00pm
Week 8			
Tuesday	4 December	Engadine High School orientation day (Year 6 students attending EHS)	
		Science, technology, engineering and mathematics (STEM) incursion	
		Junior band auditions	
Thursday	6 December	Year 6 farewell	6.00pm
Friday	7 December	Final round of summer PSSA	
		Final K-2 assembly for the year	11.45am
		Final Years 3-6 assembly for the year	2.15pm
Week 9			
Monday	10 December	P&C meeting	7.30pm
Tuesday	11 December	K-2 Carols under the COLA	10.00am
Wednesday	12 December	Last uniform shop opening for 2018	9.15am
Thursday	13 December	Year 2 Presentation Day assembly	10.00am
		Year 4 Presentation Day assembly	12.00pm
		Kindergarten Presentation Day assembly	2.20pm
Friday	14 December	Canteen - last day for lunch orders	
Week 10			
Monday	17 December	Year 5 Presentation Day assembly	10.00am
		Year 3 Presentation Day assembly	12.00pm
		Year 1 Presentation Day assembly	2.20pm
Tuesday	18 December	Year 6 Presentation Day assembly	9.25am
Wednesday	19 December	Last day of Term 4	
		K-6 talent quest in hall (students only)	

2019 - Dates for Your Diary

TERM 1		
Week 1		
Tuesday	29 January	School development day (no students, staff only)
Wednesday	30 January	First day of school for students Years 1-6
		Kindergarten Best Start testing
		Uniform shop open 9.15am
Thursday	31 January	Kindergarten Best Start testing
Friday	1 February	Kindergarten Best Start testing
Week 2		
Monday	4 February	Kindergarten students first day of school
Thursday	7 February	LJ Harper book sale day
Week 3		
Monday	11 February	School swimming carnival at Engadine Leisure Centre
Week 4		
Thursday	21 February	School photo day
Week 10		
Monday	1 April	Year 5 Myuna Bay Sport and Recreation excursion (depart)
Thursday	4 April	Year 5 Myuna Bay Sport and Recreation excursion (return)
TERM 2		
Week 2		
Tuesday	30 July	School athletics carnival at Sylvania Waters Athletics Track
Week 5		
Wednesday	21 August	Zone athletics carnival at Sylvania Waters Athletics Track
Week 8		
Monday	9 September	Year 6 Canberra excursion (depart)
Wednesday	11 September	Year 6 Canberra excursion (return)
TERM 4		
Week 4		
Thursday	7 November	Sport and special group photo day (including Year 6 photo)

Driving and Parking Safely Near the School

- ★ School opening and closing hours are busy times for pedestrian and vehicular traffic outside the school.
- ★ Always take extra care in 40km/h school zones, which operate on gazetted school days.
- ★ Park safely even if it means walking further to the school gate.
- ★ Observe all parking signs. They are planned with children's safety in mind.
- ★ NEVER double park as it puts children at risk.
- ★ Model safe and considerate behaviour for your child - they will learn from you.
- ★ Slow down near the school crossing.
- ★ At a supervised crossing, observe the directions of the school crossing supervisor.
- ★ Always park and turn legally around the school. Avoid dangerous manoeuvres such as U-turns and three-point turns.
- ★ Always give way to pedestrians particularly when entering and leaving driveways.
- ★ Avoid parking across the school driveway or the entrance to the school car park.
- ★ Avoid parking in or near the school bus bay.



For more information visit roadsafety.transport.nsw.gov.au

Payments

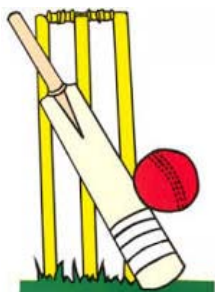
Year	Payment	Please pay by	Amount
Year 3	Excursion to Symbio Wildlife Park (29 November)	Thursday 15 November	\$28
Year 4 (2018)	Year 5 2019 Myuna Bay Excursion (1-4 April 2019)	Friday 8 February 2019	\$100 deposit
Years K-6	Student curriculum programs (<i>including Reading Eggs/Reading Eggspress, Groove Nation, technology levy, Mathseeds (K-2) and Literacy Pro (Years 3-6)</i>)	overdue	\$55
Years K-6	Voluntary school contribution		\$50
Band fees	Term 4 band fees	as soon as possible	\$125



**2018 Statement of Accounts
have been emailed to parents**

As the year is drawing to a close, Statement of Accounts were again emailed to parents last week. To make a payment, click on the payment link on the Statement of Account **OR** visit the school website and click on the 'Make a Payment' tab. Please do not hesitate to contact the school office if you would like to discuss your account or require assistance.

PSSA - Round 6



Summer PSSA Friday 16 November 2018

Engadine West Gold v Illawong at Anzac Oval (top)
Engadine West Green v Lucas Heights at The Ridge (middle 3 & 4)

Games start at 9.30am and are completed by 11.00am

Buses depart Engadine West PS at 9.00am

Bus cost for away games: \$7.00 per week

Change of School Pick Up Arrangements

Please only contact the school to change arrangements in emergencies. If you are running late and unable to be at your usual meeting place, your child is to go to the school office and wait for you. Please make your child aware of this procedure to avoid worry and confusion. If another parent is to collect your child, please make sure a meeting place has been arranged.

Thankyou for your cooperation in this matter.

Emergency Contact Details

It is important the school has up-to-date contact information for each student in the event that parents/carers or emergency contacts are required to be contacted. Should this information change, if you move to a new address, you acquire a new mobile telephone number or custody arrangements change, please notify the school office.

Uniform Shop News

Our next opening times will be:

Week 7

Wednesday 28 November from 9.15am

Week 9

Wednesday 12 December from 9.15am
Last opening time for 2018



- ➔ Place orders through **Flexischools** before 5.00pm Tuesdays for delivery to classrooms on Wednesdays.
- ➔ Leave orders at the school office or call into the uniform shop on open days.
- ➔ Find order forms on the school website under the 'Notes and Forms' tab or at the school office.

Clare Ritchie
Uniform Shop Coordinator

Canteen News



EWPS Canteen

- ➔ The canteen is closed every **Tuesday**.
- ➔ Lunch orders **must be placed by 9.00am on Flexischools or 9.30am at the canteen.**
- ➔ Email: ewps.canteen1@gmail.com

Can you help in the canteen?

HELP.....the canteen is in need of extra volunteers! Can you help once a term, two-to-three hours a morning (help preparing our fresh fruit and vegie items) or one-to-two hours of an afternoon (help with pack up and cleaning)?



Please drop in and see Leanne to discuss volunteering options. As always, any offer of help is greatly appreciate and don't forget, lunch and coffee are provided.

Last Day for Lunch Orders - Friday 14 December 2018

The canteen will be open on Monday 17 December and Wednesday 19 December (last day of term) for recess and lunch.

Leanne Best
Canteen Supervisor

Week 5	Roster
Friday	16 November D Osmand, H Chappell, N Leishman
Week 6	Roster
Monday	19 November J Morando, R Archer
Wednesday	21 November K Schnabel, L Matar
Thursday	22 November N Turner, M Taueki
Friday	23 November K Holmes, C Milliken HELP NEEDED



Community News

Community

FUN DAY

Arts & Crafts
Storytime
Games
Music & more

RSVP EARLY FOR A GIFT: For children aged 6 weeks to 6 years old • 10.00am to 1.00pm • Saturday 24 November

Claudine SCHOOLWEAR

23 President Ave Caringbah 2229 Phone: (02) 9526 2525
We wholesale and retail schoolwear and are a long established family business since 1983

HEATHCOTE HIGH SCHOOL

YEAR 7 ENROLMENT UNIFORM SALE

at Claudine Schoolwear

(A few shops up from Chemist Warehouse & McDonalds in Caringbah)

- Uniforms also available for the following High Schools¹:
- Caringbah High
 - Cronulla High
 - De La Salle, Caringbah
 - Gynea Technology High
 - Our Lady of Mercy, Burraneer
 - Port Hacking High
 - St John Bosco College
 - Woolooware High
- ² ** Download our YEAR 7 Enrolment Sale flyers for High Schools listed above on:
www.claudineschoolwear.com.au/retail_promotions.html **

*UP TO 15% OFF!

² **FREE** Sloppy Joe on a purchase of a Woollen Jumper/Cardigan
(no return on knitwear, while stock lasts)

4 Week Enrolment Sale

(8th Nov – 8th Dec 2018)

- ¹ The Year 7 Enrolment Uniform Sale is on 8.11.18 to 8.12.18 and applies IN-STORE ONLY
#Prices are correct at time of print but are subject to change without notice
##Credit Card and Eftpos facilities available
¹ 15% Off items excluding woollen items, microfibre trackuits, soft-shell jackets & blazers, a 10% discount will apply
² Free sloppy Joe on purchase of a woollen jumper/cardigan (no return on knitwear, size exchange only, while stock lasts)
³ 10% Off all other purchases made in December 2018
⁴ Special Enrolment Uniform Sale for schools listed on previous page: Download the flyers from the 'Retail Promotions' tab

Monday – Friday 9am – 5pm Saturday 9am – 1pm
Check our website & Like us on Facebook for sale updates
www.claudineschoolwear.com.au f Claudine Schoolwear

