

# Engadine West Public School

Quality Education in a Stimulating Environment

## e-West Side Story



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Principal: Mr Garry Royston

Issue 39.13

2 December 2013

### Principal's Message

#### Dear Parents

Congratulations to the students and teaching/tutoring staff for a very impressive combined Band Concert last Wednesday evening. The night was a great success with the talents of our musical students and staff being showcased. Watching the performances last week made it easy to see why our band program is so valued and successful. I look forward to another wonderful year of band in 2014. Well done everyone!

#### Teacher Stop Work Meeting

As you should already be aware, the NSW Teachers Federation is holding a two hour Stop Work Meeting this Tuesday 3 December to discuss the DEC's latest Salaries and Conditions award. As there will be a number of staff from our school attending the meeting there will be minimal supervision of students from 9.00-11.00am. The school will resume normal operation from recess.

#### Long Service Leave

Our Deputy Principal, Steve Fuller, will be taking Long Service Leave for 12 months from the end of this week. While we all wish Mr Fuller a wonderful time during leave, I'm sure you would all agree he will be sadly missed at Engadine West Public School. Since his appointment at the school, he has gained the respect and admiration of the entire community. All the best Steve!

#### Year 3 Presentation Assembly - Change of Time

Please note the important change to the **Year 3 Presentation Assembly**. While the assembly will still be held on **Friday 6 December** the starting time has changed from 10.00am to **12.00 midday** due to unforeseen circumstances and PSSA commitments. The school is sorry for any inconvenience caused. The times for the other Presentation Assemblies are unchanged and are listed below:

<b>Year 4</b>	Monday 9 December	10.00am
<b>Kindergarten</b>	Tuesday 10 December	10.00am
<b>Year 1</b>	Wednesday 11 December	10.00am
<b>Year 2</b>	Thursday 12 December	10.00am
<b>Year 5</b>	Friday 13 December	10.00am
<b>Year 6</b>	Monday 16 December	10.00am



Engadine West Public School would like to acknowledge the ongoing support provided to the *Community of Schools on the Park* (COSoTP) by the *Rotary Club of Engadine*



## Principal's Report Cont'd

### Student Reports

Semester Two Student Reports are currently being finalised and will be sent home with students on Thursday 12 December. Congratulations to all students for their efforts this year and well done to the staff for their dedication in 2013.

### P & C Meeting

The annual P & C Christmas Meeting will be held tonight commencing at 6.30pm for the Executive followed by the General Meeting at 7.00pm. All interested parents are welcome to attend. There will be an opportunity to purchase a meal during the meeting. Please note that there has been a change of venue due to Engadine Bowling Club being closed on the night. The meeting will now be held at the Engadine Tavern in the Bistro area. I hope to see you there!

### Parent Helpers' Morning Tea

As previously advertised our annual Parent Helpers' Morning Tea is scheduled to be held this Wednesday 4 December in the hall from 11.00am. We hope to see as many parents as possible who have assisted the school in 2013 in attendance.

### Dates to Remember

<b>K-2 Christmas Concert</b>	Tuesday 17 December 2013	10.00am <b>or</b> 12.00 midday (2 sessions)
<b>Year 6 Farewell</b>	Tuesday 17 December 2013	

Have a great week!

Garry Royston  
Principal



## Family Fun Day

Our Family Fun Day is on again next year!

**Saturday 15 March 2014**

**Thank you for  
supporting our  
car wash!**



**Calling for donations!**

We are asking for donations of good quality **second hand items** for the White Elephant Stall plus suitable **new items** to be wrapped for our boys and girls lucky dip!

Please take all donations to Mr Field's (5F's) classroom located above the Basement, thank you.

## Deputy Principals' Report

### Parents' Support

The level of support and involvement by our school community in promoting partnerships with teachers at our school is outstanding. It is this strong school culture of working together that has built such a strong school reputation. At the recent Band Concert the spontaneous team work and support offered by parents was amazing. The same altruistic endeavour was observed at the car wash last Saturday, you'll see the same at the P & C Meeting tonight and at the Working Bee on Sunday. Our hard working teaching team relies on quality support from parents to maximise outcomes for students. Every bit of support is appreciated. Thank you again.

### Homework and Study

Have your say and tell us what you need to effectively help your child with homework and study. Complete the School A to Z survey: <http://bit.ly/184BFR3>

### School Holiday Camp Competition

School holiday camp is great. Free school holiday camp is even better! Enter the competition to win a Kids' Holiday Camp for your child and a friend. The prize is valid for summer and Easter holiday camps. Enter the competition: <http://www.dsr.nsw.gov.au/win/>

### Dinovember

Cute alert! Look at the lengths these parents go to every November to convince their kids their plastic dinosaurs come to life at night and frolic through the house.

See the dinosaurs: <http://bit.ly/1e70E5b>

### The World's Oldest Living Creature

Care to guess what is .... oops .... WAS ... the world's oldest living creature? Here's a quick fact to get you guessing first, then impress your kids.

Science fact: <http://www.news.com.au/technology/science/yearold-clam-ming-worlds-oldest-creature/story-fnjwkt0b-1226759556979V>

### Facebook Privacy

Have a look at this interesting infographic about the biggest Facebook privacy no-nos. Then ask your kids for their top ten: it could be interesting, indeed.

Facebook privacy: [http://allfacebook.com/the-best-computer-science-schools-infographic\\_b126800](http://allfacebook.com/the-best-computer-science-schools-infographic_b126800)

*Ross Edwards*  
Deputy Principal

## Healthy Kids Association

### Gluten Free Facts for Healthy Kids

#### What is Coeliac disease?

Coeliac disease is a digestive disease that damages the small intestine and interferes with absorption of nutrients from food. **People who have coeliac disease cannot tolerate a protein called gluten, which is found in wheat, rye and barley.** Treatment of coeliac disease is by a lifelong diet free from foods containing gluten. People with coeliac disease are unable to eat any foods containing wheat, rye, barley and oats.

#### How do I know if a product is gluten free?

The Australian Foods Standards Code requires that any sources of gluten in a food or drink be clearly listed in the ingredients on the label:

- Food labelled as 'gluten free' must not contain any detectable gluten and no oats or malt
- Food labelled as 'low gluten' must contain less than 0.02% gluten

The gluten content must be added to the nutrition information panel of a food labelled gluten free or low gluten. Most children with coeliac disease can only eat GLUTEN FREE foods. The best way to check if a product is gluten free is to check all the ingredients. It is very important to read the labels of all packaged or prepared foods.

#### Where can I get more help, information and recipes?

The Coeliac Society of Australia [www.coeliac.org.au](http://www.coeliac.org.au)

## *Dr Karly's Visit - Year 1*

On Thursday 28 November, Dr Karly (Mrs Beech's daughter) came to our school to talk to Year 1 about keeping ourselves healthy. We saw a slide show about healthy food and different bones and muscles in the body. Some children were then dressed in protective surgery clothing and helped bandage and plaster Cassie from 1G. The children asked lots of questions and thoroughly enjoyed the visit.

Thank you again to Dr Karly who took time out of her busy schedule to speak to Year 1.



## *Movember*

Mr Hogan, Mr Griggs and Mr Meakin all grew moustaches during the month of November to raise awareness of men's health issues. During November each year, Movember is responsible for the sprouting of millions of moustaches around the world. With their "Mo's" men raise vital funds and awareness for prostate and testicular cancer and mental health. As an independent global charity, Movember's vision is to have an everlasting impact on the face of men's health. On Friday we had a fundraiser for our Movember efforts. Students K-6 donated to the charity and had moustaches painted on with our efforts raising approximately \$300. Thank you to everyone who supported this endeavour.

## *Years K-2 Home Reading*

Home reading will finish this week as the books need to be returned for library stocktake. Thank you to those parents who helped read and change the books during the year.

**K-2 Teachers**



## *Candy Canes at School*

We have noticed that students have been bringing candy canes to school to share with friends. As candy canes are high in sugar and the children often receive a few of them, please encourage your child/children to take their candy canes home rather than eat them at school to enable you to monitor their consumption.

*Thank you for your assistance in this matter.*



## For Your Diary

<b>Monday 2 December</b>	<ul style="list-style-type: none"> <li>♦ Gingerbread House Orders Due (Canteen)</li> <li>♦ P &amp; C Meeting at Engadine Tavern</li> <li>6.30pm Executive Meeting</li> <li>7.00pm General Meeting</li> </ul>	<b>Monday 9 December</b>	<ul style="list-style-type: none"> <li>♦ Yr 4 Presentation Assembly 10.00am in Hall</li> </ul>
<b>Tuesday 3 December</b>	<ul style="list-style-type: none"> <li>♦ Teacher Stop Work Meeting 9.00-11.00am</li> <li>♦ Canteen Closed</li> <li>♦ Student Banking</li> </ul>	<b>Tuesday 10 December</b>	<ul style="list-style-type: none"> <li>♦ Canteen Closed</li> <li>♦ Student Banking (Last Day)</li> <li>♦ Kindergarten Presentation Assembly 10.00am in Hall</li> </ul>
<b>Wednesday 4 December</b>	<ul style="list-style-type: none"> <li>♦ Uniform Shop Open</li> <li>♦ Year 6 High School Orientation Day</li> <li>♦ Parent Helpers' Morning Tea at 11.00am in Hall</li> <li>♦ Sport and Special Photograph Orders Due</li> </ul>	<b>Wednesday 11 December</b>	<ul style="list-style-type: none"> <li>♦ Yr 1 Presentation Assembly 10.00am in Hall</li> </ul>
<b>Thursday 5 December</b>	♦	<b>Thursday 12 December</b>	<ul style="list-style-type: none"> <li>♦ Yr 2 Presentation Assembly 10.00am in Hall</li> <li>♦ Student Reports Sent Home</li> </ul>
<b>Friday 6 December</b>	<ul style="list-style-type: none"> <li>♦ PSSA (Grand Finals)</li> <li>♦ Yr 3 Presentation Assembly <b>12.00 midday</b> in Hall</li> </ul>	<b>Friday 13 December</b>	<ul style="list-style-type: none"> <li>♦ Yr 5 Presentation Assembly 10.00am in hall</li> </ul>
<b>Sunday 8 December</b>	♦ EWPS Working Bee from 7.00am		

- ★ **K-2 Christmas Concert**  
Tuesday 17 December 2013
- ★ **Year 6 Farewell**  
Tuesday 17 December 2013
- ★ **Last Day of Term 4 for Students**  
Wednesday 18 December 2013
- ★ **Staff Development Days**  
19 & 20 December 2013 (No Students)
- ★ **First Day of School for Yr 1-6 Students 2014**  
Wednesday 29 January 2014
- ★ **First Day of School for Kindergarten Students 2014**  
Monday 3 February 2014

## Dates to Remember

## Excursions and Payments

Year	Excursion or Payment	Payment due	Amount
Year 4	Myuna Bay Excursion (Year 5 2014)	Friday 6 December	\$50 Deposit
Band Students	Term 4 Band Fees	as soon as possible	\$100.00

## PSSA Results

TEAM	OPPONENT	SCORE	TEAM	OPPONENT	SCORE
Softball Girls Green			Cricket Green		
Softball Girls Gold			Cricket Gold		
Softball Boys Green			T-Ball Green		
Softball Boys Gold			T-Ball Gold		

Go to [engadine.sessazones.com/](http://engadine.sessazones.com/) to view draws  
Cost: \$5.00 per week

Buses depart EWPS at 9.00am

Cricket, Softball & T-Ball

## Uniform Shop News

The Uniform Shop will be open on:

**Wednesday 4 December from 9.15-10.15am**  
**Wednesday 11 December from 9.15-10.15am**

These will be the last opening times for this year. A reminder that Year 2 students going into Year 3 next year will require a gold polo for Friday sport (\$20). We thank you for supporting the Uniform Shop throughout the year and will be open on Wednesday 29 January 2014.

**Tracy Farquhar & Kathy Cunynghame**  
**Uniform Shop Co-ordinators**



## Canteen News

Please note that lunch orders **must be placed by 9.30am**.

### Find us on Facebook - EWPS Canteen

For information on menu updates, specials, red light days etc. The canteen price list can be found on the school website or spare copies are available in the canteen.

### Lunch Order Specials

Banana Smoothie	\$3.00
Hash Brown Triangles	.80c

### New Item

Orchy blackcurrent juice	\$1.80
Mamee rice sticks (cheese or vegetable flavour)	\$1.00

### Gingerbread House Fundraiser

Gingerbread House Kit order forms were sent home with your child last week. Kits will cost \$25 and order forms are due back to the canteen by Monday, 2 December. The gingerbread house kit is egg free and there is also a dairy free/gluten free option available. Thank you for supporting this fundraiser.



### Canteen Christmas Party *Merry Christmas*

Our Christmas Party will be held at 7.30pm on Friday 6 December at Raya Thai Engadine and we'd love to see you there! The cost will be \$28 per person (banquet) BYO. Please RSVP and leave a \$10 deposit with me by Monday 2 December. Don't forget to bring along a secret santa gift to the value of \$10.

### Canteen Volunteer Roster

We are always in need of volunteers. If you are interested in joining the canteen volunteers for 2014 or you would like more information, please drop in and see me.

**Last lunch order day Friday 13 December 2013**

**Leanne Best**  
**Canteen Supervisor**



## Student Banking News

We only have two more weeks of Student Banking left for this year. Our final day will be **Tuesday 10 December**. If you have collected 10 tokens, please send them in to redeem a prize, if you do not have a rewards card, just send the tokens in with a note to let us know which item you would like.

Thank you for supporting Student Banking.

**IT'S TIME TO TRADE IN YOUR DOLLARMITES TOKENS FOR A REWARD.**



Headphones



Calculator



Moneyboxes



Hand Ball



Knuckles

**Important:** Our Dollarmites Moneyboxes will no longer be available from next year. Some rewards are in limited supply and are on a "while stocks last" basis.

Commonwealth Bank of Australia ABN 48 123 123 124.



## Community News

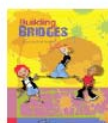
### Building Bridges

This program, for 8-12 year olds, discusses how bridges connect families that are living in two separate places. When parents separate, children often live in 2 homes and they need to find ways to build their own bridge between their parent's homes.

**Date:** 20<sup>th</sup> of January

**Time:** 2pm to 4pm

**Cost:** Seminar is FREE



**Venue:** 383 Port Hacking Road South, Caringbah (opposite the Library)

This program assists children to understand the type of bridge their parents have built and learn how they can cross them safely. The program aims to assist the children to:

- Work on building resilience
- Understand their feelings about parental separation (arguments/fights)
- Become aware of the changes in families following separation
- Understand their right to be safe in their family
- Recognise they are not alone

**For more information or to book please contact**

**8522 4450**



www.interrelate.org.au  
1300 736 966

### Sutherland Shire Council

#### Vacation Care Centres

- ◆ **Miranda Vacation Care** open 19/12/13 - 28/1/14 for children aged Kindergarten to 12 years
- ◆ **Lucas Heights Community School Vacation Care** open 19/12/13 - 24/1/14 for children aged Kindergarten to 14 years
- ◆ **Caringbah Vacation Care** open 19/12/13 -24/12/14 for children aged Kindergarten to 12 years **re-open** 6/1/14 - 24/1/14
- ◆ **Jannali Vacation Care** open 19/12/13 - 24/12/13 for children aged Kindergarten to 14 years **re-open** 6/1/14 - 24/1/14

**Cost:** \$46 per child (excursions additional)

**Dates:** Thursday 19 December 2013 to Friday 24 January 2014  
Pupil Free Day 28/1/14 Miranda Only

**Hours:** 7.00am to 6.00pm

**Enquiries:** 9710 0466