### **Engadine West Public School**

Quality Education in a Stimulating Environment

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Issue 38.13 25 November 2013

## Principal's Message

#### **Dear Parents**

YOUR B

Our 2013 Kindergarten Transition program concluded last week. We have 114 Kindergarten students excited and ready to commence school in 2014. Thank you to all involved for what was a very successful program. The new Kinders will start three days later than the remainder of the school next year to allow them to complete their Best Start assessments. Letters will be sent home to the families in Week 10 informing them of their assessment times.

#### **Band Concert**

Our outstanding Junior and Senior Bands will be performing at a Band Concert in the school hall this week on Wednesday 27 November commencing at 6.00pm. This is an opportunity for the community to enjoy the talents of our young musicians and the dedicated band staff. We hope to see many people in attendance so don't miss out!

#### **Assistant Principal**

This week will see the advertisement for our vacant Assistant Principal position close. The position will be filled through the Merit Selection process. Thank you to Michael Kimber, our P & C President who has volunteered to be on the selection panel. The new Assistant Principal will commence duty at the school in 2014.

#### **Playground Maintenance**

The Department is currently assessing the possibility of an upgrade and maintenance work on the artificial grass and main playground areas as well as Block G. Work in these areas is likely to begin during the Christmas holidays.

#### P & C Meeting

The final P & C Meeting for 2013 will be held on Monday 2 December starting with the Executive Meeting at 6.30pm followed by the General Meeting at 7.00pm and the opportunity to purchase a meal. Parents are welcome to attend. As Principal of the school I would like to publicly thank the P & C for their efforts and support throughout 2013.

#### Parent Helpers' Morning Tea

As a small token of the school's appreciation, Engadine West will be holding a Parent Helpers' Morning Tea in the Hall on Wednesday 4 December starting at 11.00am for everyone who has helped or supported the school this year. We hope to see many people in attendance.



Engadine West Public School would like to acknowledge the ongoing support provided to the Community of Schools on the Park (COSOtP) by the Rotary Club of Engadine



### Principal's Report Cont'd

#### Student Reports

Staff are busily finalising the Semester Two End of Year Student Reports. The reports will be sent home in an envelope with students on Thursday 12 December. Please ensure that you check your child's bag on this day.

#### **Presentation Day Assemblies**

This is just a reminder that the Presentation Day Assemblies are fast approaching. The proposed dates of these assemblies are outlined below:

Year 3	Friday 6 December	10.00am
Year 4	Monday 9 December	10.00am
Kindergarten	Tuesday 10 December	10.00am
Year 1	Wednesday 11 December	10.00am
Year 2	Thursday 12 December	10.00am
Year 5	Friday 13 December	10.00am
Year 6	Monday 16 December	10.00am



Have a great week!

Garry Royston Principal

## Message for Year 6 Students

Year 6 students will be having their graduation photographs taken this **Thursday 28 November**. Please ensure your child wears their **Year 6 white t-shirt** on this day.

### Movember Fundraiser

On Friday 29 November we will be holding a *Movember* Fundraiser. During November each year, *Movember* is responsible for the sprouting of moustaches on thousands of men's faces in Australia and around the world. The aim of which is to raise vital funds and awareness for men's health, specifically prostate cancer and depression in men. Mr Hogan, Mr Griggs and Mr Meakin have been sprouting theirs throughout November!

Please send a gold coin donation with your child on Friday and they may sprout their very own painted 'mo' at lunchtime. Thank you for supporting this very worthwhile fundraiser.

### Family Fun Day Car Wash

We are holding a Family Fun Day Car Wash this **Saturday 30 November** from 8.00am -12.00 midday in the school staff carpark. Students will be washing cars to raise money for our **Family Fun Day to be held on 15 March 2014**. Come along and have your car washed for only \$10!



This Saturday 30 November!

This Saturday 30 November!

## Deputy Principals' Report

#### Rain Gear Adds to Safety

Students may believe that wearing a raincoat is a bit daggy but it contributes to their safety. Brightly coloured rain gear adds to the students' visibility around our busy roads on wet days. Umbrellas are discouraged, severe eye injuries result from students using umbrellas. Please ensure your child has appropriate rain gear in their school bag.

#### **Homework and Study**

Have your say and tell us what you need to effectively help your child with homework and study. Complete the School A to Z survey: <a href="http://bit.ly/184BFR3">http://bit.ly/184BFR3</a>

#### **School Holiday Camp Competition**

School holiday camp is great. Free school holiday camp is even better! Enter the competition to win a Kids' Holiday Camp for your child and a friend. The prize is valid for summer and Easter holiday camps.

Enter the competition: http://www.dsr.nsw.gov.au/win/

#### Dinovember

Cute alert! Look at the lengths these parents go to every November to convince their kids their plastic dinosaurs come to life at night and frolic through the house. See the dinosaurs: http://bit.ly/1e70E5b

#### The World's Oldest Living Creature

Care to guess what is .... oops .... WAS ... the world's oldest living creature? Here's a quick fact to get you guessing first, then impress your kids. Science fact: <a href="http://www.news.com.au/technology/science/yearold-clamming-worlds-oldest-creature/story-fnjwkt0b-1226759556979V">http://www.news.com.au/technology/science/yearold-clamming-worlds-oldest-creature/story-fnjwkt0b-1226759556979V</a>

Ross Edwards Deputy Principal

## Shining Star



Congratulations to Marcus A (3B) who won Silver in the U/9's 4 x 200m Mixed Relay at the Little Athletics State Relay Carnival held on Saturday at Homebush. Well done Marcus!

### Healthy Kids Association

#### Vitamins and Minerals for Healthy Kids

#### Vitamin means 'vital for life'

Vitamins and minerals are compounds necessary for the **healthy functioning of our bodies**. We need vitamins and minerals to help us grow, to see properly, to make bones, muscles, skin and organs and to help battle infections. Deficiencies in some vitamins and minerals can lead to serious problems.

The **best way** to ensure your child receives **enough vitamins and minerals** for normal growth and development is to provide a wide variety of fresh foods including wholegrains, vegetables, fruit, meat, fish, poultry, eggs, nuts and legumes and dairy products such as milk, cheese and yoghurt.

According to the 2007 National Children's Nutrition and Physical Activity Survey, **children are not consuming enough calcium-rich foods** with only 45% of girls aged 9-11 years, 11% aged 12-13 years and 18% aged 14-16 years meeting their daily calcium requirement. For boys only 65% aged 9-11 years, 50% aged 12-13 years and 56% aged 14-16 years are meeting their daily requirements.

Other vitamins and minerals that are not being consumed in required amounts for all age groups include Vitamin A, Vitamin C, Magnesium and Iodine. Download the Healthy Kids Association Vitamins and Minerals Fact Sheet <a href="https://healthy-kids.com.au/content/upload/files/2012%20Factsheets/Vitamins%20and%20Minerals%202012">https://healthy-kids.com.au/content/upload/files/2012%20Factsheets/Vitamins%20and%20Minerals%202012</a> (1).pdf for more information.

## For Your Diary

Monday 25 November  Tuesday 26 November	Year 1 Recorder Group Parent Concert in classroom 1D at 2.00pm     Canteen Closed     Student Banking	Monday 2 December	<ul> <li>Gingerbread House Orders Due (Canteen)</li> <li>P &amp; C Meeting at Engadine Bowling Club</li> <li>6.30pm Executive Meeting</li> <li>7.00pm General Meeting</li> </ul>
Wednesday 27 November	<ul><li>Combined Scripture Assemblies</li><li>Band Concert 6.00pm in Hall</li></ul>	Tuesday 3 December	<ul><li>Canteen Closed</li><li>Student Banking</li></ul>
Thursday 28 November	Year 6 Photo - Students to wear white Year 6 T-Shirts	Wednesday 4 December	<ul><li>Uniform Shop Open</li><li>Heathcote High School Orientation Morning</li></ul>
Friday 29 November	<ul> <li>Movember Fundraiser - Gold Coin Donation</li> <li>Book Club Orders Due</li> <li>PSSA</li> <li>Friday Swimming (Last Day)</li> <li>K-2 Assembly 12.00 midday</li> <li>3-6 Assembly 2.30pm</li> </ul>		Parent Helper Morning Tea at 11.00am in Hall
		Thursday 5 December	•
		Friday 6 December	<ul><li>PSSA</li><li>Yr 3 Presentation Assembly 10.00am in Hall</li></ul>
Saturday 30 November	Family Fun Day Car Wash		1 222





- ★ Last Day of Term 4 for Students Wednesday 18 December 2013
- ★ Staff Development Days
  19 & 20 December 2013 (No Students)
- ★ First Day of School for Yr 1-6 Students 2014 Wednesday 29 January 2014
- ★ First Day of School for Kindergarten Students 2014 Monday 3 February 2014

## Excursions and Payments

Year	Excursion or Payment	Payment due	Amount
Year 4	Myuna Bay Excursion (Year 5 2014)	Friday 6 December	\$50 Deposit
Band Students	Term 4 Band Fees	as soon as possible	\$100.00

### PSSA Results

TEAM	OPPONENT	SCORE	TEAM	OPPONENT	SCORE
Softball Girls Green			Cricket Green	193	
Softball Girls Gold		CA	Coke Cod		
Softball Boys Green	NO PE		T-Ball Green		
Softball Boys Gold			T-Ball Gold		

Go to engadine.sessazones.com/ to view draws

Cost: \$5.00 per week

Buses depart EWPS at 9.00am

Cricket, Softball & T-Ball

### Uniform Shop News

The next Uniform Shop opening time will be:

### Wednesday 4 December from 9.15-10.15am

NOTE: Year 2 students going into Year 3 next year require a gold polo shirt for Friday sport (\$20).

Tracy Farquhar & Kathy Cunynghame Uniform Shop Co-ordinators



### Canteen News

Please note that lunch orders must be placed by 9.30am.

#### Find us on Facebook - EWPS Canteen

For information on menu updates, specials, red light days etc. The canteen price list can be found on the school website or spare copies are available in the canteen.

#### **Lunch Order Specials**

Banana Smoothie \$3.00 Hash Brown Triangles .80c

#### **New Item**

Orchy blackcurrent juice \$1.80

Mamee rice sticks

(cheese or vegetable flavour) \$1.00

### This Week's Roster

Tuesday - 26 November CANTEEN CLOSED

**Wednesday - 27 November** K Quine, J Toohey, D Duffy

**Thursday - 28 November** G Clark, N Rylands, T Cassidy

**Friday - 29 November**A Astbury, L Gattone, T Farquhar, C Vitelli, L Duffy

Monday - 2 December N Hardy, A Jones

### **Gingerbread House Fundraiser**

Gingerbread House Kit order forms were sent home with your child last week. Kits will cost \$25 and order forms are due back to the canteen by next Monday, 2 December. The gingerbread house kit is egg free and there is also a dairy free/gluten free option available. Thank you for supporting this fundraiser.



### **Canteen Christmas Party**

Our Christmas Party will be held at 7.30pm on Friday 6 December at Raya Thai Engadine and we'd love to see you there! The cost will be \$28 per person (banquet) BYO. Please RSVP and leave a \$10 deposit with me by Monday 2 December. Don't forget to bring along a secret santa gift to the value of \$10.

#### Canteen Volunteer Roster

We are always in need of volunteers. If you are interested in joining the canteen volunteers for 2014 or you would like more information, please drop in and see me.

Leanne Best Canteen Supervisor



### Book Club News

The final Book Club catalogues of the year were delivered to classrooms last week. Orders are due to be returned to your classroom or the front office by this Friday 29 November. Every order earns free books for our school library so take advantage of the great savings and pickup some books for Christmas. If you are paying with cash, particularly coins, could you please tape unsealed parts of envelope to ensure coins do not fall out.

Orders can be held at the office for collection. Please ensure this is clearly marked on all the order forms and envelope with a <u>contact phone number</u>. We will ring you when the books are ready for collection from the front office.

To ensure your order can be placed on time, please check the following:

- **★** Student's name and class on all forms and envelope.
- ★ For **cash** payments please check the amount if your child is paying and please ensure the envelope is well sealed.
- ★ For **cheque** payments the cheque must be made out to *Scholastic Australia*.
- ★ For **credit card** payments use the website to pay and get a receipt number or call the phone number on the form. Only one receipt for the total amount is necessary and you only need to write the receipt details on one order form.

Thank you for your support.

Mandy Goodman & Stephanie Wise Book Club Coordinators

### Community News



Correcting health to meet least receld

# PUBLIC FORUMS IT'S YOUR HEALTH - HAVE YOUR SAY

Residents of the St George and Sutherland Shire regions are invited to share your views on the health needs of your community, to help inform important planning for the future.

#### **TUESDAY, 26TH NOVEMBER 2013**

St George Motor Boat Club, Sapphire Room 2 Wellington Street, Sans Souci 2219 6.30pm – 8.30pm, Light supper provided

#### THURSDAY, 28TH NOVEMBER 2013

Tradles Gymea, Southern Cross Terrace 57 Manchester Road, Gymea 2227 10.30am – 12.30pm, Morning Tea provided

#### **MONDAY, 2ND DECEMBER 2013**

Calvary Health Care Sydney, Conference Centre (building to the right of the Chapel) 91-111 Rocky Point Road, Kogarah 2217 10.30am – 12.30pm, Morning Tea provided

Please register your preferred day by 21 November 2013 at info@sesml.org.au or phone 9330 9900

The South Eastern Sydney Medicare Local is a not-for-profit organisation that works to support the development of primary health care in the Sutherland Shire, Hurstville, Kogarah and Rockdale Local Government Areas. We undertake community needs assessments like this one to find out more about the needs of the region, as well as any gaps in services that should be addressed.

