

Engadine West Public School

Quality Education in a Stimulating Environment

e-West Side Story



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Principal: Mr Garry Royston

Issue 36.10

15 November 2010

Principal's Message

Dear Parents

Congratulations to Year 6 who returned last Friday evening from a very successful three days in Canberra. From all reports the children were well behaved and had a great educational experience. Thank you to the staff who attended and gave up much of their own time to ensure that the excursion could go ahead. Well done to all involved!

Student Leadership

Last week Year 5 participated in a Leadership course. They were involved in a number of leadership activities and many of them are now using the skills gained to take on extra responsibilities around the school. In the coming weeks the elections for the 2011 student school leaders will take place. Good luck to all those students aspiring to be elected!

School Incursion

This Tuesday the students at Engadine West Public School will have an opportunity to enjoy a visiting performance entitled "The Protectors" which will focus on bullying and how to identify it and respond to it. This should be a valuable learning experience for all students K-6.

Hot Weather

With the hot weather now upon us, it is more important than ever that students come to school prepared for the heat. Please ensure your child/children always wear their school hat and that they bring a drink from home so they can remain sufficiently hydrated throughout the day.

K-2 Assemblies

Please note that last Friday's K-2 Assembly was the last one for this year. In the coming weeks the usual Friday K-2 Assembly time will be used by teachers and students to prepare and rehearse for the K-2 Christmas Concert which is on Friday 3 December from 12.00-1.15pm. We hope to see many parents in attendance for what should be an outstanding concert.

New Interactive Whiteboards

Finally, after a long wait, the four refurbished classrooms will be having their new Interactive Whiteboards installed during this week. This will be a great asset for learning for the four classes and move us closer to our goal of an IWB in all classrooms.

Permanent Appointment

Congratulations to Mrs Jeanine Payne who was recently successful in being appointed as a permanent teacher (2 days per week) from 2011. This decision is pending a 10 day appeal period. Well done Mrs Payne!

Have a great week!

Garry Royston
Principal



We are striving to be a nut free school - please ensure peanuts, nuts, peanut butter and Nutella as an ingredient are not brought into the school

Deputy Principal's Report

Band Excursion

Just a reminder that both the senior and junior bands will be performing at Cronulla Mall this Thursday between 10.15am and 12.00pm. Parents are welcome to attend. There are still many students who have not returned their permission notes to Miss Savvas or Miss Olthof. These need to be returned by Wednesday 17 November.

Low Waste

Congratulations to KJ who were last week's low waste lunch winners with 88% of students bringing no waste to school. Thank you to all the parents who are supporting this important initiative.

Super Students

Special mention to Paige in 1S for sharing her very detailed writing with me last week.

School Website

Have you had a look at our school website lately? <http://www.engadinew-p.schools.nsw.edu.au/sws/view/1324205.node> It contains a lot of up to date information for parents as well as lots of great photos of students K-6 participating in many different curriculum areas. Recent updates include a great sport slideshow by Miss Pepperell and all the K-2 Christmas Concert information from Mrs Gilmore.

Craig Snudden
Deputy Principal

No Eftpos (22 Nov - 3 Dec)

Due to the school's End of Financial Year, there will be **no** Eftpos payments taken between 22 November and 3 December. Thank you for your understanding in this matter.

K-2 Assembly

There will be no K-2 Assembly on Friday 19 November and Friday 26 November. K-2 classes will be enthusiastically rehearsing for the Christmas Concert to be held on Friday 3 December. K-2 staff thank you for your support throughout 2010 at our Friday assemblies.

Vince Murphy & Nicole Gilmore
Assistant Principals

Library News

Home Reading and Library borrowing has now ended. Please ensure all books are returned to the Library for stocktake as soon as possible. Thank you for your assistance.



Year 6 Farewell

Preparations for the Year 6 farewell are well under way! The farewell will be held in the Engadine Hotel St Moritz room on Tuesday 14 December from 6.00-9.30pm. The approximate cost of the farewell will be \$35.

Don't forget our lunchtime disco on Tuesday 23 November. The Party Shack are kindly donating the use of a slushy machine in support of these events.

We are looking forward to a great send off for a fantastic Year 6.

Ross Edwards
Relieving Deputy Principal

Worm Farm News

We require donations of 2 and 4 litre plastic bottles to put worm juice in which is produced by our worm farm. Please send bottles to class 6E. Thank you.



Book Club News

Final Catalogues for the year, Issue 8, will be delivered to the classroom this week. Orders are due by Wednesday 25 November. This is your last opportunity to purchase some great bargains for Christmas and support the school at the same time.

If you are paying with cash, particularly coins, could you please tape unsealed parts of envelope to ensure coins do not fall out.

Orders can be held at the office for collection. **Please ensure this is clearly marked on all the order forms and envelope with a contact phone number.** We will ring you when the books are ready for collection from the front office.

To ensure your order can be placed on time, please check the following:

- Student's name and class on all forms and envelope.
- For **cash** payments please check the amount if your child is paying and please ensure the envelope is well sealed.
- For **cheque** payments the cheque must be made out to *Scholastic Australia*.
- For **credit card** payments use the website to pay and get a receipt number or call the phone number on the form. **Only one receipt for the total amount is necessary and you only need to write the receipt details on one order form.**

Thank you for your support.

Mandy Goodman
Book Club Coordinator



3RD Diamonte Poems

Australia
Hot, wildlife,
Boiling, drinking, surviving,
Looking out for water and food,
Walking, driving, working,
Busy, traffic,
City.

By Caleb Nance

Nature,
Green trees,
Jumping, Flying, Gliding,
So many animals out at night.
Fighting, biting, kicking,
Raining, hiking,
Sunny.

By Josh Smith

BMX
Cool, extreme,
Exciting, jumping, flipping,
BMX is my favourite thing to do.
Riding, Flying, Speeding,
Tricks, sparks,
BMX

By Blake Barden

Puppy,
Cute, furry,
Loving, playing, howling,
New born puppy so cute.
Barking, running, eating,
Tricks, learning,
Dog.

By Sharnee Hollis

Friends,
Kind, Friendly,
Caring, Loving, Playing,
Friends can be fun anytime.
Singing, Dancing, Acting,
Funny, entertaining,
Soulmate.

By Megan Cox

Heat Stress

Children are vulnerable to extremes in temperature as they are less able, than adults, to control their body temperature. Children need to learn to drink when they are active. What parents can do:

- ♦ Provide an adequate supply of water.
- ♦ Encourage children to drink water before, during and after exercise.
- ♦ Ensure children wear a hat.
- ♦ Advise your children to play in the shade whenever possible especially on hot summer days.



Live Life Well

Healthy drinks are important for healthy teeth

Here are some simple ideas for drinks that do not damage children's teeth.

- ♦ Encourage your family to drink water.
- ♦ Plain milk is preferable to flavoured milk.
- ♦ Avoid acidic and sugary drinks. This includes soft drinks, cordials, sports drinks fruit juices and fruit drinks.

Get off the couch



Children are often reluctant to go out and play when the alternative is spending time in front of a screen (tv or computer). Children are much more likely to become active if there is someone to enjoy an activity with them. Have a range of activities that you can play together, making sure it is a part of everyday life. This may include hop scotch, skipping challenges, dribbling a basketball or throwing and catching. Restrict screen time during daylight hours to encourage children to be active.

Healthy Habits, Healthy Children

Children learn a lot during the first 12 years of life. Habits are building blocks for the rest of their life. Take some time to reflect on your families eating, physical activity and lifestyle habits today and think about if these habits protect and enhance their wellbeing. Some ideas to consider may include:



- ♦ Eat with your family. Children will follow your example and learn from this.
- ♦ Offer fresh fruits and vegetables as snacks most days.
- ♦ Limit juices, fruit drinks, soft drinks and cordials. These drinks should be consumed occasionally only, not everyday.
- ♦ Limit packet snack foods to a few days a week rather than offering them as snacks everyday.
- ♦ Limit the time spent in front of a screen (tv, video games, computer) to no more than two hours a day.
- ♦ Be an active family.

Foods as Rewards

What do we teach children when we bribe or reward children with foods? How may this affect them when they are adults? Try not to use foods or drinks as rewards. Children who eat for rewards may learn to overeat. When your child shows good behaviour, tell them so and give praise. The best reward is spending time with them doing something they enjoy. Read them a story, play a game or do some art or craft activities with them.

South Eastern Sydney & Illawarra Area Health Service

PSSA

SPORTS TEAM	OPPONENT	SCORE	FRIDAY'S GAME - Catch Up Round for Washed Out Matches
Cricket - Gold	Helensburgh		TBA
Cricket - Green	Alfords Point		
Boys Softball - Gold	Helensburgh	Lost 1-10	
Boys Softball - Green	Alfords Point	Lost 8-16	
T-Ball - Gold	Helensburgh		
T-Ball - Green	Alfords Point		
Girls Softball - Gold	Helensburgh	Lost 3-10	
Girls Softball - Green	Alfords Point	Lost 2-4	

For Your Diary

Monday 15 November	♦ Kindergarten Transition	Monday 22 November	♦ NO EFTPOS payments until 3 December
Tuesday 16 November	♦ Canteen Closed ♦ Student Banking ♦ "Protectors" Performance	Tuesday 23 November	♦ Uniform Shop Open ♦ Canteen Closed ♦ Student Banking ♦ Lunchtime Disco - Yr 6 Farewell Fundraiser ♦ Milo Cup Regional Finals - Rockdale ♦ Regional Public Speaking Finals - Chifley PS
Wednesday 17 November	♦ Kindergarten Transition ♦ Linkages Yr 5 to Engadine High School	Wednesday 24 November	♦
Thursday 18 November	♦ Jnr & Snr Band Excursion Cronulla Mall	Thursday 25 November	♦ Mufti Day - Red Light Day ♦ Gold Coin Donation
Friday 19 November	♦ Term 4 Band Fees Due ♦ Term 4 Swimming ♦ PSSA ♦ 3-6 Assembly 2.30pm	Friday 26 November	♦ Term 4 Swimming ♦ PSSA

December Dates to Remember

Friday 3 December	K-2 Christmas Performance 12.00-1.15pm in Hall	Monday 13 December	Presentation Day Assembly Year 3 - 2.00pm
Friday 10 December	Presentation Day Assembly Kindergarten - 10.00am Year 1 - 2.00pm	Tuesday 14 December	Presentation Day Assembly Year 4 - 10.00am Year 2 - 2.00pm Year 6 Farewell 6.00-9.30pm Engadine Hotel
Monday 13 December	Presentation Day Assembly Years 5 & 6 - 10.00am		

School Excursions & Payments

Due to the school End of Financial Year, there will be no Eftpos payments taken between 22 November and 3 December

	Outstanding Voluntary Contributions		\$50
	Term 4 Band Fees	Payment by Friday 19 November	\$85
K-6	The Protectors School Performance	16 November	\$4.50
	Band Excursion	18 November	\$7.50
2D & 2M	Re-scheduled - Jibbon Excursion	29 November	\$20

Uniform Shop

Please note students going into **Year 3 in 2011** will require a gold polo shirt for sports day (\$20).

The next Uniform Shop opening times will be on:

Tuesday 23 November from **9.00-10.00am**
Persons rostered on: H Tonna, M Goodman & L Bassett

Monday 29 November from **9.00-10.00am**
Persons rostered on: J Catt, T Clark & J Critchley

Our very last Uniform Shop opening time for this year will be on **Monday 29 November**. The Uniform Shop will be closed after this date until 2011. Please note our school caps (\$9) and sport socks (\$8) are also available from the school canteen.

Kathy Cunynghame
Uniform Shop Co-ordinator



Canteen News

Please note that lunch orders must be placed by 9.30am. Thank you for your co-operation.

Lunch Special

Large Fruit Salad	\$4.00
Small Fruit Salad	\$2.50
Yoghurt extra	.50c
Chicken Caesar Wrap	\$3.50
Rice paper rolls (gluten free)	\$3.00
Vegetable/ chicken & vege/ tuna & vege	
Hoisin or sweet chilli sauce	



Red Light Day - Mufti - Gold Coin Donation

Our last Red Light Day will be a mufti day on Thursday 25 November 2010. Please bring a gold coin to wear mufti! Volunteers are needed for this day to help serve at recess and lunch. Please contact me on 0408 697 660 or call into the Canteen if you are available to help.

Canteen Christmas Party - Barefoot Bowls

Our Christmas party will be held on Saturday 27 November at 5.00pm at Engadine Bowling Club. The cost will be \$22 pp (bowling and finger food byo nibbles) and \$10 secret santa. RSVP by Friday 19 November. Please send money to the Canteen. All welcome.

2011 Roster - URGENT Volunteers Needed

I will be starting to organise next year's canteen roster in the next few weeks. Please let me know if you are interested in helping in the Canteen. Volunteers are normally rostered on once a month, but I am happy to accommodate all requests e.g. once a term, morning only, afternoons only etc. Come and see me and we can discuss options. We will need volunteers on all days.

Last day for lunch orders will be Friday 10 December and the last canteen day will be Monday 13 December. Ice blocks, chips etc. only will be available on this day.

If anyone has any questions regarding the Canteen, please come in and see me.

Leanne Best
Canteen Supervisor

This Week's Roster

Tuesday - CLOSED

Wednesday - 17 November

F Reusche, K Williams

Thursday - 18 November

F Moran, K Cunynghame,
G Padgett

Friday - 19 November

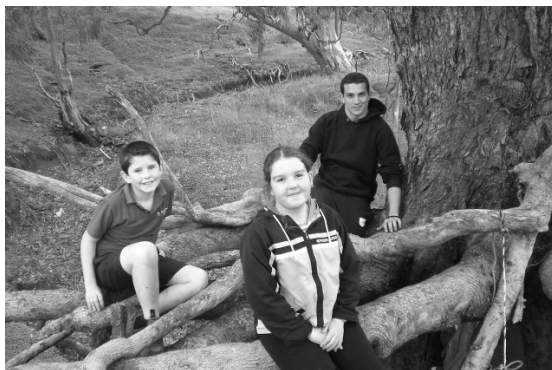
D Goodyer, K Jenkins, J Catt,
N Ross

Monday - 22 November

L Alford, L Fordyce, S Milross

BECOME A WEP HOST FAMILY

Open your door to an international exchange student and expand your knowledge of other countries, cultures, languages and cuisines!



A place to call home

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to one of our international students arriving in February 2011. Our students from Italy and Chile are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

Messages from Overseas

"I have chosen Australia because I want to experience something completely different and see a kangaroo!"

"I want to share my culture with theirs."

"I think it is a once in a lifetime opportunity."

"It's a dream and exactly what I'd like to do."

Find out more!

Getting to know your student before he or she arrives brings fun and joy to everyone involved. Take the next step and contact WEP today to receive a full information pack for your family.

Nikki Medwell

Inbound Exchange Administrator

Phone: 1300 884 733

Email: wep@wep.org.au

Online: www.wep.org.au



It's easier than you think and a fantastic experience for all!

Gingerbread Houses

Saturday 4th December

TIME 2.00pm

WHERE Engadine Church of Christ

COST \$30 for the kit Kit includes:

- decoration lollies • laughter • a Christmas talk
- afternoon tea

RSVP Wednesday 17 November

Vanessa Stokes 0405 323 806

*Bring extra gifts, lollies/toys to put inside.

Engadine Church Of Christ
131 Woronora Road, Engadine
phone 9520 0990



Beautiful Billee

F U N D R A I S E R

SATURDAY NOVEMBER 20
ENGADINE BOWLING CLUB

7PM / TICKETS \$15

'ROCK STARS'
THEME

LUCKY DOOR PRIZES
STARRING THE HIP'S

COURTESY BUS AVAILABLE. BOOKINGS ESSENTIAL.
CALL VICKIE 0411 096 472

FREE WOMEN'S COURSES



*Returning to work?
Looking for a new career?
Need new skills and confidence?*

Loftus and **Gymea TAFE** campuses are offering a range of **FREE** courses for women in 2011.

Choose from: **Computing for Business, Computing & Basic Financial Skills, Computing & Book-keeping using MYOB, Event Management & Hospitality, Career Education & Employment.**

Ring for information sheet 9710 5004 or click on Women's programs at:
www.sit.nsw.edu.au/gymea or
www.sit.nsw.edu.au/loftus

Information & Application Session:
Thursday 27th January 2011
11 am

E Block, Gymea Campus
Cnr Hotham Rd and Kingsway
Gymea

Enquiries: Course Information ph 9710 5812 or Patricia or Jean ph 9710 5004